



Commit and Breakthrough!

What is it that allows one person growing up to become extremely successful in life, while a class mate, or friend growing up with the exact same influences will grow up and struggle all the way through their life. What is it that possesses someone to quit a stable job to start their own business, or invest their life savings in a stock or investment? What inspires someone to dive into freezing cold waters to save someone they have never meet before simply because they were

Fire Walking, Glass Walking, and other Transformational Breakthrough activities are one of the fastest ways to breakthrough your own inner conditioning and start creating the life you want now!

their when the accident happened?

Some people might say that the people in the situations I have described above are simply irresponsible,

reckless, maybe even crazy people that act without thinking. Others might say that these people posses something that they do not, that these people are stronger, and braver than themselves. I believe there are two things these people all have in common.

They understand two very powerful keys that enable an individual of any age, stature or health condition to accomplish anything they put

their minds to. It is these two key factors that allow hundreds of people to walk over burning hot coals in their bare feet without burning, what allows an 11 year old girl to an elderly woman find the strength to bend a piece of steel re-bar with their throat!

The two keys are, Acting in spite of fear with 100% Commitment! (If we all waited for the fear to be gone before we acted, most of us would not even get out of bed.) It is these two seemingly simple practices that, when understood and utilized, will allow limitless possibility in your life.



All fear is the same, whether it be a fear of bugs or the fear of dieing alone, our body & system will react the same. Fear is a debilitating disease, but when you realize that all fear is the same, and it is simply the triggers that are individual to our daily experience, then you will open a whole new world of possibility limited by only your imagination. Commitment is defined in the dictionary as a pledge or a promise to do something. Most of us will commit to things to a certain degree, but inside we always hold something back, something to fall back on, we prepare right from the beginning of most projects for the possibility of failure!! And then there are those who will commit to something 100% but on some conditions* the right weather, the right people the ideal equipment, etc. So what is it to commit these days? How badly do you want it? What are you willing to give to get it? When you are willing to truly commit yourself 100% you will create whatever you want in life. It may not happen right away, it may take years of rejections and you probably won't get it on the first shot, but 100% commitment means you will stay and keep at it until you do get it. 100% commitment is the difference between *IF* something will happen and *WHEN* something will happen. Your willingness to commit can be measured by your willingness to fail, because it is people that get up 101times for their dreams and desires that create the lives they want.

The practice of Fire Walking, Glass Walking, or any other transformational Breakthroughs are one of the fastest ways to understand and master these two keys. To take your first step onto the coal bed IS to act in spite of fear with 100% commitment, an experience that you will remember for the rest of your life. Discover Transformational Breakthrough Coaching and Breakthrough to the real you. Experience what is possible.

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